SUMMARY OF THE HISTORY AND EXAMINATION

Mouth opening with passive stretch _____ mm
No R L Pain precipitated by jaw movements.
No R L Pain of the temporomandibular joint on palpation or with loading (such as chewing).
No R L Myofascial / myalgia pain on palpation of the masticatory muscles that control jaw function.
No R L Internal derangement of the TM joint involving a displaced articular disc with TM joint sounds.
No R L Hard tissue crepitus / grating suggestive of TM joint osseous degenerative change and/or remodeling.
No R L Progression of TM joint articular disc displacement to suspected nonreducing disc (joint locking).
No Yes History of mandibular or facial trauma _______ years ago. □ Chin scar present.
No Yes Systemic ligamentous laxity / hypermobility may be a contributing factor.

Treatment Recommendations:
☐ Nonsteroidal anti-inflammatory medication advised.
☐ Home self-care with modified diet, moist heat and massage, and jaw exercises advised.
☐ An orthotic device (“splint”) is indicated for managing this musculoskeletal condition.
☐ Referral will be / has been made to a physical therapist.
☐ Consultation with an oral and maxillofacial surgeon may be indicated.
Other:

Imaging:

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☐ Currently available imaging (Pano, CT or MRI) demonstrate TMJ internal derangement, remodeling or degenerative joint changes.

ICD-9 Diagnosis:

☐ 524.62 Arthralgia of temporomandibular joint
☐ 524.63 Articular disc disorder (reducing or nonreducing) of temporomandibular joint
☐ 524.69 Other specified temporomandibular disorders

Comments: